

TIMEX

LCD Analog

USER GUIDE1

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex® watch.

FEATURES AND BASIC OPERATIONS

1. LCD Analog (Hands) and Digital Timekeeping with Hours, Minutes, Seconds – AM/PM/24-Hour Format
2. Daily Alarm and Hourly Chime
3. 24-Hour Stopwatch with Split time
4. 60-Minute Countdown Timer
5. Dual Time (2nd Time Zone)



Button functions shown

TIME

To set Time and Date

1. Press **MODE** repeatedly until the Time is shown with the Seconds flashing.
2. Press **LAP/RESET** to set Seconds to zero.
NOTE: If Seconds are greater than 30, the Minutes will increase by one.
3. Press **START/STOP** to set Minutes, as indicated by its flashing. Press **LAP/RESET** to advance the Minutes setting. Press **and** hold to increment quickly.
4. Press **START/STOP** to set Hours, as indicated by its flashing. Press **LAP/RESET** to advance the Hours setting to AM or PM. Press **and** hold to increment quickly.
NOTE: There is ONLY an indicator for PM hours.
5. Press **START/STOP** to set the Date (01-31), as indicated by its flashing. Press **LAP/RESET** to advance the Date setting. Press **and** hold to increment quickly.
6. Press **START/STOP** to set the Month number (01-12), as indicated by its flashing. Press **LAP/RESET** to advance the Month setting. Press **and** hold to increment quickly.
7. Press **START/STOP** to set the Day setting (SUN-SAT), as indicated by its flashing. Press **LAP/RESET** to advance the Day setting. Press **and** hold to increment quickly.
8. Press **MODE** to exit Time Set.
9. To switch from AM/PM to 24-Hour time format, press **and** hold **START/STOP** for 4 seconds. Press **and** hold **START/STOP** for 4 seconds to reverse the format change.
NOTE: A "24HR" indicator in the bottom right corner of the display confirms the change. There is ONLY an indicator for PM hours.

DUAL TIME

To set the time for a Second Time Zone – shown on the LCD Analog watch face

1. Press **MODE** until the indicator is next to the "DUAL T" on the display.
2. Press **START/STOP**. The Hour Hand on the watch face can be seen flashing.
3. Press **LAP/RESET** to advance the Hour Hand around the watch face setting to AM or PM. Press **and** hold to increment quickly.

NOTE: There is ONLY an indicator for PM hours.

4. Press **START/STOP**. The Minute Hand on the watch face can be seen flashing.
5. Press **LAP/RESET** to advance the Minute Hand around the watch face. Press **and** hold to increment quickly.
6. Press **START/STOP** to exit Dual Time Set, and the Second Hand will appear on the watch face.

NOTE: In Dual Time mode, the AM/PM indication is tied to the Analog time.

ALARM

To turn on/off the Daily Alarm, or to turn on/off the Hourly Chime

1. Press **MODE** until the indicator is next to the "ALARM" on the display.
NOTE: The alarm setting is tied to the primary time zone.
2. Press **START/STOP** and **LAP/RESET** simultaneously and repeatedly to enable the Alarm (🔔), enable the Chime (🔔), disable the Alarm, and disable the Chime.
NOTE: You can turn the Alarm on/off without changing the Chime setting by pressing **LAP/RESET**.

To set a Daily Alarm – shown on the LCD Analog watch face

1. Press **MODE** until the indicator is next to the "ALARM" on the display.
NOTE: The alarm setting is tied to the primary time zone
2. Press **START/STOP**. The Hour Hand on the watch face can be seen flashing.
3. Press **LAP/RESET** to advance the Hour Hand around the watch face setting to AM or PM. Press **and** hold to increment quickly.
NOTE: There is ONLY an indicator for PM hours.
4. Press **START/STOP**. The Minute Hand on the watch face can be seen flashing.
5. Press **LAP/RESET** to advance the Minute Hand around the watch face. Press **and** hold to increment quickly.
6. Press **START/STOP** to exit Alarm Set mode.
7. When the alarm sounds, press ANY button to silence the alert, or it will stop after 20 seconds.

NOTE: The alarm will sound the next day at the same time unless you go into Alarm Mode and press **LAP/RESET** to turn it off

TIMER

To set a countdown for up to 60 minutes – shown on the LCD Analog watch face

1. Press **MODE** until the indicator is next to the "TIMER" on the display. If the Timer shows any previous setting, the indicator will flash.
2. Press **LAP/RESET** repeatedly to increase the number of Minutes for the countdown.
NOTE: If you go past the desired number of minutes, you will have to continue to press **LAP/RESET** to wrap around the setting display.

To use the countdown timer – shown on the LCD Analog watch face

1. Press **MODE** until the indicator is next to the "TIMER" on the display. If the Timer shows any previous setting, the indicator will flash.
NOTE: If no setting is shown, press **LAP/RESET** to restore the previously set countdown (or refer to the Timer Set instructions)
2. Press **START/STOP** to begin the countdown. The watch face will show Seconds counting down along its outer edge.
3. Press **START/STOP** to pause the timer.
4. Press **START/STOP** to resume the countdown, or press **LAP/RESET** to reset the timer to its previous setting.
5. When the countdown ends, the alert will sound for 5 seconds, or press ANY button to silence it.

NOTE: The alert will sound even if you are not in TIMER mode.

STOPWATCH

Use this function for recording elapsed time up to 24 hours.

1. Press **MODE** until the indicator is next to the "STOP" on the display.
NOTE: The current time of day is shown on the LCD Analog watch face
2. Press **START/STOP** to start the stopwatch. It will be shown in the lower digital display.
3. With the stopwatch running, press **LAP/RESET** to record and show the Split time. The stopwatch will continue timing in the background.
NOTE: A "split" is the elapsed time (from the beginning) to the point it was recorded.
4. Press **LAP/RESET** to release the display and show the current running stopwatch time.
5. Press **LAP/RESET** to record another Split time.
6. Press **START/STOP** to pause the stopwatch.
NOTE: If the stopwatch is paused when the display is showing a Split time, the displayed elapsed time is updated.
7. Either press **START/STOP** to resume timing, or press **LAP/RESET** to reset the stopwatch to zero.

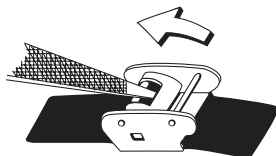
DISPLAY LIGHT FEATURE

Press the **LIGHT** button to activate the display light.

HOW TO ADJUST BRACELET

SLIDING CLASP BRACELET

1. Open locking plate.
2. Move clasp to desired bracelet length.
3. Exert pressure while holding locking plate and slide clasp back and forth until it engages in grooves on underside of bracelet.
4. Press locking plate down until it snaps closed. Clasp can be damaged if excessive force is used.



WATER AND SHOCK RESISTANCE

This watch is water-resistant a 30-meter rating.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.
4. Shock-resistance will be indicated on watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging crystal/lens.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. If applicable, push reset button when replacing battery. Battery type is indicated on caseback. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

TIMEX INTERNATIONAL WARRANTY

<http://www.timex.com/productWarranty.html>